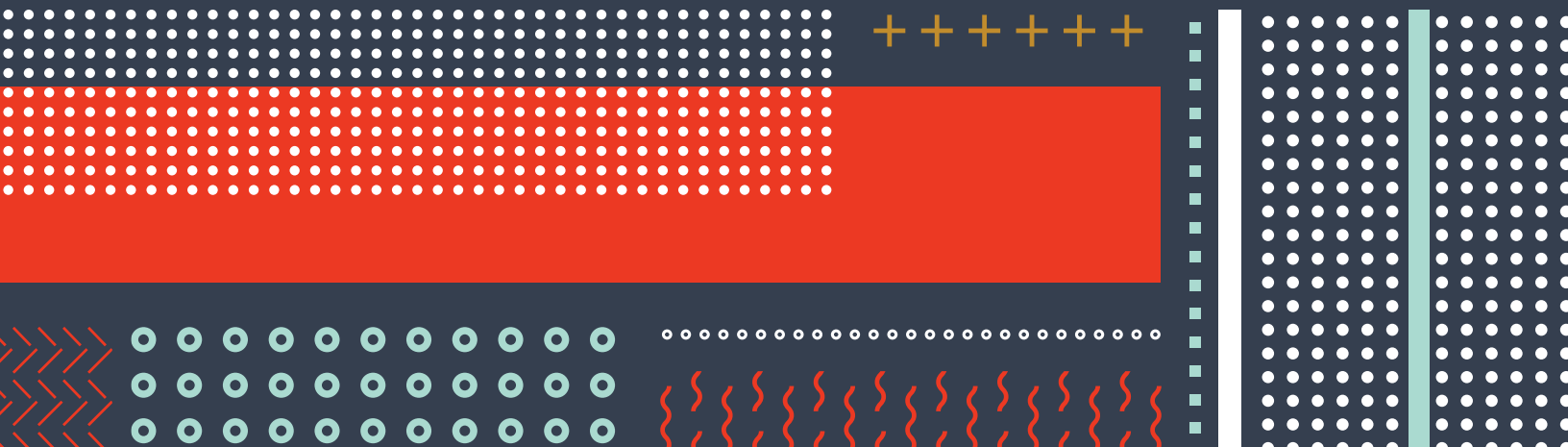




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# Family Guide to Using ScholaBox



## Welcome to ScholaBox!

We are excited to share this resource with your family. Our desire is for you and your kids to have access to top-notch books, ideas that prompt great discussions, and ways to extend the impact of your shared learning through a call to action if you choose.

Check out the multi-page instructional guide for educators to take kids' learning to the next level—especially the **Read and Revisit** and **Pair This Book With** sections. You might also want to look at the section **Kids Grow Their Thinking**, which provides ideas for taking action after reading and discussing the books.

### Big Ideas

**It's important to help kids keep the big ideas found in these books foremost in their minds as they read, talk, create, and move toward action.**

How can we commit to growing emotional intelligence alongside our intellectual knowledge?

- **Kids can be emotionally wise enough to name their emotions.** They can pay attention, noticing when and even why they have certain feelings.
- **Kids can accept the complexity of emotions and work to self-regulate.** They can accept feelings and employ strategies for healthy responses.
- **Kids can nurture emotions that serve themselves and others.** They can understand their environment and make choices about how to respond and act.

Imagine how students can thrive when they're caring for their emotions and regulating their responses to their environment, teachers, and peers. Let's find out together!

It will be helpful to come back to these ideas often as you discuss the books after reading them together. Use kid-friendly language that feels natural to you, of course.

### Suggested questions:

#### *The Many Colors of Harpreet Singh* by Supriya Kelkar

- What do you notice about Harpreet and his patkas?
- Is there something you like to wear that expresses your feelings and emotions on different days?
- Harpreet has a conflict, or problem. What is it, and what does he do to solve it?
- Now that we've read this book, what does our family do to show our feelings?

#### *Each Kindness* by Jacqueline Woodson

- What did you see in the book about Maya's experience in her new school?
- Talk about the important lesson that Chloe learned when her teacher shared about the ripples created when a small stone is dropped in water.
- What lessons can our family learn from *Each Kindness*? Can our family make a plan (with specific acts) to choose kindness toward everyone we meet?

#### *The Good Egg* by Jory John

- What did you notice about the "good egg" in this story?
- How was the good egg in the story dealing with choices the other eggs were making?
- In what ways was that a good choice? In what ways was it an unhealthy choice?
- What commitment can our family make that will help us to choose healthy ways of managing our feelings?

We are incredibly honored that you joined this community. Now go out and help kids...

*Read Their World.*

We want to hear from you! Post your ScholaBox moments on social media or send your photos to [susankimmel@scholabox.com](mailto:susankimmel@scholabox.com). Share the ScholaBox love!